CSR/SME
Promoting Social Responsibility
in Small and Medium Size Enterprises

Education and Culture
Leonardo da Vinci
Pilot projects

Title: Self-analysis questionnaire "Good and bad working experiences" (20 minutes)

During our professional career, we all accumulate good and bad working experiences.

Looking back at them, there are always some aspects that we tend to remind in a particular way. Being different from one another, similar experiences may impact us in a different manner, but it's possible to identify some common patterns of behaviour.

Consider your professional experience and answer the following questions:

<u>Notice</u>: if any particular question doesn't apply to you, refer to your previous professional experience or imagine yourself in the situation.

1) Which was the most gratifying moment/job of my career? Why?
   _____
   _____
   _____

2) And what about the most difficult/unpleasant one? Why?
   _____
   _____
   _____
   _____

3) Which aspects affect the most the degree of confidence I have in:

ASPECT	IN A POSITIVE WAY	IN A NEGATIVE WAY
The organization I work for		
My chief		
The Entrepreneur/Top management team		
My colleagues		
My subordinates		

4) Which aspects affect the most my professional motivation?

#	IN A POSITIVE WAY	IN A NEGATIVE WAY
1st		
2nd		
3rd		

5) Which aspects affect the most my productivity?

#	IN A POSITIVE WAY	IN A NEGATIVE WAY
1st		
2nd		
3rd		

6) Which aspects contribute most to make me proud to work in the Organization?
   1st: _____
   2nd: _____
   3rd: _____

7) Which would be the main professional reasons that would make me quit my present job?
   1st: _____
   2nd: _____
   3rd: _____

8) Please signal in the answers you gave to the previous questions all the aspects related with this module content: "Workplace" (human resources management, health and safety at work and adaptation to change).

9) Classify the degree of importance of good workplace policy and practises in your professional life.
   ☐ Very high;
   ☐ High;
   ☐ Average;
   ☐ Low;
   ☐ None.

10) Share the results with your colleagues.